Introduction to the Toolkit

The Cyber Abuse Project (CAP) is an initiative of Break the Cycle and the California Coalition Against Sexual Assault. CAP aims to provide training and technical assistance to criminal justice professionals and other adult first-responders on the use and misuse of technology in sexual assault, domestic violence, dating violence and stalking (including cyber-stalking) cases involving young people ages 12-24.

The tools available in this toolkit were identified as a result of researching related issues, resources, and response processes available to young people impacted by cyber abuse, including a series of listening sessions with youth and adult first-responders.

Each tool helps to inform young people, and the caring adults in their lives, about their options after experiencing different forms of cyber abuse. These tools also help to promote the autonomy of young survivors as they determine how to proceed, particularly when pursuing criminal justice remedies.

The Tools

Supporting Youth Survivors: This one-pager shares important tips for adults to keep in mind when supporting a young person who is experiencing or at-risk of cyber abuse.

Digital Evidence Collection & Safekeeping Guide: This guide shares tips for gathering digital evidence that can be later used in civil and criminal court cases.

Non-Consensual Sharing of Intimate Images Guide: This guide shares legal and non-legal options for young people who have experienced the non-consensual sharing of their intimate images.

Cyber Safety Plan: This guide helps young people, and their supportive adults, identify personalized strategies to promote their safety online and in person.

CAP Case Studies: These sample stories help identify the ways CAP tools can be used to support young people when they have experienced different forms of cyber abuse.